



# NES Autumn Newsletter

## Dear Practitioners

*Lots of news this Quarter:*

*We are pleased to announce the release of the following marketing materials that we hope will be extremely useful to you when explaining NES to your clients. Firstly, the client booklet has been finished, and printed versions will soon be available from your distributor or alternatively copies will be available to download from the information section of the website [www.nutrienergetics.com/media](http://www.nutrienergetics.com/media). Secondly a short informative film entitled 'NES Explained' is also due for release and copies can be obtained in the same way.*

*In fact, all of our films including the original promotional film, practitioner interviews, client testimonials, NES explained, training, conferences and the science films are now available online. This means you can watch them like TV through your computer if you have a broadband connection. If you would like any DVD hardcopies please contact your distributor.*

*Much work has been carried out by the NES team on the world's first imprinted nutritional line called 'nestrition', which will be included in the next update of the NES system software. Due to the effectiveness of the imprinting, we have managed to reduce the dose of the nutritional by 30%! Read more about the range in Peter's article. The launch of this range is scheduled for the beginning of 2008.*

*We are also pleased to announce some new additions to our team here at NES UK; Sarah, a dedicated training and research assistant for Bruce, Dr. Cymbal a very well renowned professor in Germany to head up our European Research programme, Hendrix who's working on graphical enhancements to all software and training materials and Nicky our new accountant (keeping our Distributors in line).*

*On the book front – Jason Siczkowycz, one of our leading U.S practitioners, whom you may know from his contributions to the discussion group, has drafted a book on his experiences as a NES practitioner and selection of his many successful case studies. The aim is that this should be available by beginning of next year if not before. Our new book – Decoding the Human Bodyfield – is in the final stages and will be in the book stores in April 2008.*

*A number of new initiatives are being investigated by NES US including a dedicated online support site and internet training facilities. This will also be rolled out across the rest of the world soon afterwards. For those interested in helping the company provide localised support/practitioner days please contact NES US.*

*Some of you asked about the NES Home Infoceuticals that were online on [www.energetic-medicine.net](http://www.energetic-medicine.net). This was a trial and following practitioner feedback we have decided to remove them, however we will be investigating licensing some of these for non-therapeutic purposes (such as air travel, exercising and radiation protection) under the EMR brand.*

The new NES Client Information Manual



*Hopefully this will end any confusion and as always EMR recommends for any health enquires that they go to a NES Practitioner.*

*Some quite amazing things have been happening on the Research front especially with regard to the emotional screen on the NES software, and some new Infoceuticals are being developed to tackle this extremely important part of the healing process. The next update of the software will include the new emotional screens and infoceuticals.*

*NES is always interested in practitioner views, if you would like to give us your feedback, please click on this link to complete our survey [http://www.bristudies.com/membersarea/prac\\_survey.aspx](http://www.bristudies.com/membersarea/prac_survey.aspx) You will be asked to sign in using your BRI Username and Password.*

*Thank you for reading,*

**Yours in Health**

**Harry Massey**

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# Selective Absorption of Nutrients in the Body

## PETER FRASER



In our efforts to understand medicine it is often the case that we have to engage the brain and look at what works instead of what some people think might work.

So it is that whenever we actually get something to **WORK** there is great excitement at NES. We then work backwards and work out what we did right!

Scientific journals, such as those found on BMJ online, will tell you that there is a genetic basis for the control of absorption in the small intestine.

Not so. Nothing genetics has ever done has ever acted as something to improve absorption in the gut. So it's a nice academic theory on paper. But it's not very nice because it doesn't work in the clinic.

I have recently been working with experiments for the new NES nutritional range which will be imprinted with the Infoceutical message that they require to be more effective than before.

If academics take it upon themselves to actually discourage people from taking nutritional products

that clearly work then that's not science but greed. So against that background, these discoveries will interest you.

Attempts by the medical academics for years to work out a system of selective absorption in the gut have met with the problem that osmosis is not very well understood. It is a basic function of the cell in the body as a whole.

Selective osmosis means that the body as a whole, not the genetic material, needs to control a switch on and a switch off so that not too much of the substance is absorbed.

What the text book overlooked to tell you is that ALL MAJOR PHYSIOLOGICAL PROCESSES IN THE BODY work on a switch that is not digital – on and off. It works like a tap that is gradually turned off. This is called in the science bizz “nonlinearity”. All quantumised processes exhibit the characteristic of nonlinearity.

It may occur to you if you still think, that something must be controlling this exquisitely arranged switch that turns off just at the right time.

We think the Human Body Field must act like a nonlinear switch. The switch has been found... thanks to my own work on the Infoceuticals we call Integrators. Energetic Integrator 3, plus Energetic Integrator 11 will do the trick. It's a switch with two parts.

Amazing discovery number one was that when we imprinted the nutritional tablets with a mixture of Energetic Integrator 3 and 11, the dosage, when tested, also by matching, went down by as much as half.



## Selective Absorption of Nutrients in the Body **PETER FRASER**

At first I was quite perplexed as we have all been brainwashed by our courses into thinking it ends at the villi of the Small Intestine.

But I was sure that I had stumbled upon important new principles of nutrition that have been there but not expressed very clearly.

People can make themselves fat or thin according to their choice. This is of course what you are asking. No, sorry. Psycho-somatic medicine way back in the 1940's when I was just a wee embryo or less, acknowledges the idea of the non verbal part of the brain being the important part of the activity that changes our absorption rate generally.

So if you want an anti-fat pill or an anti-thin pill I am sorry to disappoint you all.

There is a firewall between the conscious and subconscious that not even Woody Allen and his shrinks has ever been able to penetrate.

My work since the Denia Free for All Conference has concentrated just on this – the firewall.

Stress we have been able to define bioenergetically. We are not using the academic medicine idea that stress is somehow caused by changes to enzymes hormones and nervous system activity expressed in terms of neurotransmitters. This doesn't work! It turns out that we can accurately and more scientifically define stress as anything that will distort the entire network of a section of the Human Body Field.

This means that absorption is being greatly increased, and is worthy of further academic research.

We think this relates to the Small Intestine as well as the Stomach or gut generally. But this is a simplistic idea, worthy of your first year in bio-energetics but one which we can develop.

Astonishingly, I have found that there are four parts of the brain that help regulate nutritional absorption - going in fact beyond the idea of a switch.

For months I found that I could not absorb what I was taking – I think I take a bit of Zinc and Vitamin C and Co Q10, as I always seem to need it. But I found for months that I didn't need it at all. This was not right. All my life I have needed the same things. My stress levels had reached the point where the body was rejecting needed nutrition.

I concluded that there is a switch in the gut where the nutrition is absorbed and a second switch in the brain, and this one is related to what you might call the psycho-somatic factors that academic medicine began to consider in the 1940's and forgot soon after.

Four regions of the brain responded, I found by matching, to different types of nutritionals. Brainstem, Cerebellum, Cerebral Medulla, Cerebral Cortex. No one single part of the brain appeared to have an influence on the absorption switch.





## Selective Absorption of Nutrients in the Body **PETER FRASER**

This means shock, auditory and visual, this means chemical shock, surgical shock and now the latest thing is political shock. Something nasty in the woodshed, surgeons, cigarettes, and politicians.

Academic medicine has been so successful as an organization and such a flop at healing simply because it never took the above statement to heart.

There is more we have to say about nutritionals. Once the body shuts down and the error message starts to operate from one of the major parts of the brain or more, there is a change to what is absorbed by the body, to a greater degree you get fat, and to a lesser degree, you get thin.

You want to lose weight? You went on a lunatic diet and nothing happened. Of course nothing happened. It's about what happens to the nutrition once it gets inside.

I am not just talking about the one we all know about. Comfort eating. Here, you just get a chair and sit by the fridge and graze quietly away like an old cow. It works too. You put on more protection around you body. FAT.

If you have a distortion about your gut's ability to absorb or not absorb, then you should be treating stress and stress only. This distortion is below your level of consciousness.

NES in the next year, 2008, will be introducing new Infoceuticals for stress. We expect that they will have a major part to play in all diseases.

But we have to talk about the next bombshell. The body appears to need extra nutrition, not so much when it is healthy, but for the repair work that goes on after stress has been cured.

There is one thing that has really emerged and that is that the idea of imprinting nutritionals – the best ones – with matching Infoceuticals may improve their effectiveness as well as their rate of absorption.

We have a lot of work to do to support that new statement. But it represents a major policy that NES has adopted, that is quite different from those of others.

We do not think at NES that disease is caused by a deficiency of the products of big companies, even this one! The link back to stress is to be kept in mind all the time.



# WELCOME TO some new recruits!

We are pleased to announce some new additions to the NES head office team!



Hendrix Bauyon has joined us fresh from university with much enthusiasm and abilities after completing a BA Honours degree in Interactive Media Production. He will be concentrating on graphical enhancements to our software, training materials and website using his cutting-edge interactive design skills.



Nicky Jones has replaced Debbie Langford in our accounts department and is making short work of ensuring all of the money matters are looked after!



Sarah Turner has joined us in the role of training and support co-ordinator. Sarah will be working closely alongside Bruce Robertson to help develop the NES training course and materials and support the current research programme. Sarah holds two degrees, in Psychology and Nutrition and has sound research experience having worked as a senior researcher for several years with one of the world's largest pharmaceutical companies.

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We are delighted to have  
Sarah, Hendrix and Nicky on board

## IMPORTANT ANNOUNCEMENT

Please note that with effect from the 31st December 2007, software support for version 2.07 and 3.10 of the NES Pro Software will be withdrawn.

We would therefore recommend that you contact your in-country distributor if you have not yet upgraded to NES Professional 4 to request the software installation disc and license code before this date.

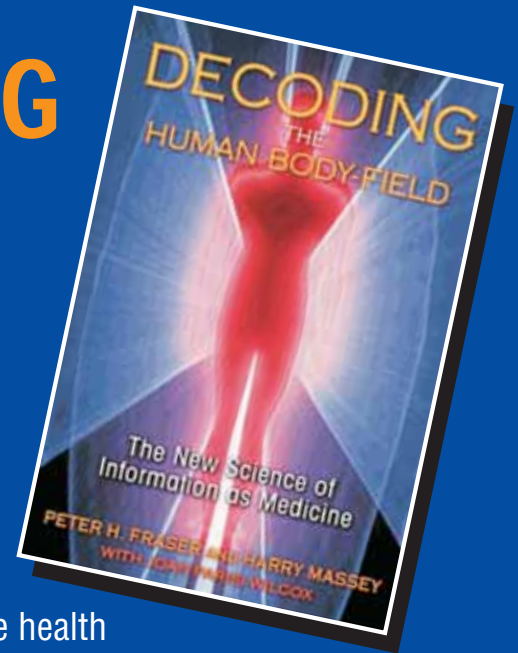


# NEW NES BOOK COMING IN SPRING 2008

## Decoding the Human Body-Field

The New Science of Information as Medicine

Peter H. Fraser and Harry Massey with Joan Parisi Wilcox



A revolutionary system that re-establishes the proper flow of information to the body's energetic fields to promote and restore health

- Presents a new integrative model of the energetic physiology of the human body (the human body-field) and its influence on health
- Shows that the root cause of disease is due to information blockages in the body-field
- Introduces infoceuticals, liquid remedies that help the human body-field process vital information to engage the physical body's self-healing abilities

After decades of research, Peter Fraser has formulated a system that unites the meridian system of traditional Chinese medicine with quantum wave theory to provide the first comprehensive link between the human body's biochemistry and bioenergetics. Based on twelve meridian-like channels, he explains that we each have a human body-field that processes and coordinates information throughout the body and that our health depends on the proper flow and communication of information through these channels.

In *Decoding the Human Body-Field*, Fraser and Massey describe in detail their revolutionary Nutri-Energetics System, which uses infoceuticals - organic liquid colloidal minerals imprinted with corrective quantum electrodynamic information - to remedy distortions and blockages in the information flow of the body-field. The imprinted information acts as a magnetic signpost to engage the body's self-healing ability.

Peter H. Fraser has been researching the energetics of the human body-field since 1982. He was trained at the International College of Oriental Medicine and created the first accredited degree course in acupuncture at Victoria University in Australia. Harry Massey began collaborating with Fraser in 2001 after a near fatal bout of chronic fatigue syndrome to establish Nutri-Energetics Systems, Inc. Joan Parisi Wilcox is the author of *Ayahuasca* and *Masters of the Living Energy* and is Fraser's research assistant.

# Training and Support News



The last few months have been very busy on the training front with foundation training taking place in the UK, USA, Australia, Belgium, Hungary, Germany and Denmark in the last month alone!

To facilitate this, our dedicated and highly accomplished NES training team has grown with the introduction of three trainers in the Netherlands - Jan Karregat, Irene Hill and Rob Loijer, along with Tamara Starink who is the Dutch certificate course assessor. We have also appointed three trainers in Germany - Dr Dietmar Cimble, Dr Folker Meisner and Maria Mebmer-Lindner. In future news-letters we plan to feature our trainers so you can appreciate just what a hugely able group they are.

Also we have been very lucky to engage the services of Sarah Turner as our new NES HQ training and support coordinator (more on her in a separate section of this news letter). Sarah is proving to be a great asset in both coordination of our growing training demands and leading the implementation of many new and exciting support programs, something you will all start to benefit from in the near future.

To this end we have been trialing a number of initiatives in Australia, USA and the UK. As an example - a 'practitioner day' on respiratory conditions was held in the UK last month, and attended by NES practitioners from all over the UK. During the day the conventional, alternative (herb, acupuncture, nutrition etc) and NES views on approaches for dealing with respiratory conditions in general and asthma in particular were presented and discussed along with case studies.

The success and popularity of this event along with the practitioner's enthusiasm for focusing on specific health conditions, means we are planning to release a series of such events next year, not only in the UK but in the EU, USA and Australia. However, given the practical issues of people travelling in the US and Australia where distances are vast, we are exploring ways to allow these types of events to happen in a convenient way for everyone. One method we are currently investigating is using Internet video conferencing. Once we have a reliable and easy to use video conferencing facility we will be able to not only host this type of event but also such things as Q and A sessions with Peter Fraser.

All in all there are many exciting plans on the horizon to support our aim of offering a superior training and support program to all NES practitioners. If you have any ideas of your own about what can be done to better support you as a NES practitioner then please contact the NES UK office by emailing [sarah.turner@nutrienergetics.com](mailto:sarah.turner@nutrienergetics.com)

Wishing you all well in your health and business.

*Bruce Robertson*

# Research

Nutri-Energetics Systems dedicates the majority of its resources to furthering the science of Biophysics and as such we welcome you to both examine thoroughly our science and to get in touch if you have any research proposals that you would like to do in conjunction with us. We are delighted to present a PILOT STUDY carried out by Desiree Del Monte to determine the effects of Nutri-Energetics Systems on Stress/Ageing. Please read the abstract below.

## THE EFFECTS OF NUTRI-ENERGETICS SYSTEMS<sup>®</sup> ON STRESS/AGEING A PILOT STUDY

An analysis of the effects of Nutri-Energetics Systems<sup>®</sup> to ascertain the benefits of NES<sup>®</sup> on stress is presented. Participants from the local military community were administered NES<sup>®</sup> Infoceuticals based on NES<sup>®</sup> proprietary biotechnology. The treatment was evaluated on 21 patients (21 females), using the State Trait Anxiety Inventory, Zung Depression Scale, Shealy Total Life Stress<sup>®</sup> Self-Assessment and urinalysis to determine pre- and post- study free radical levels prior to the study and one month after the fourth intervention was administered. The duration of the treatment was 120 days. The study results revealed a mean decrease of 4.09 points in depressive symptoms, a mean decrease of 13.05 points in total life stress, and a mean decrease of 6.47 points in state-anxiety indicating that NES<sup>®</sup> scans and protocols have a positive effect on stress.

To read the full-text study, please click on, or visit:  
[www.nutrienergetics.com/research.html](http://www.nutrienergetics.com/research.html)

The last part of the study contains some fascinating case studies that reveal the deeper benefits of NES therapy – do take a look!

## Practitioner Profile:

This month, Kelvin Snaith, Practitioner Support Manager for Nutri-Energetics Systems, interviewed Jan Karregat, an experienced Health Practitioner in the Netherlands.

**Kelvin (K):** Hi Jan, Please could you start by telling me a little about yourself?

**Jan (J):** I have worked as a Practitioner now for about 20 years. My formal training includes Medicine for 3 years, psychotherapy with breathing and voice dialogue for 3 years and yoga education for 4 years.

After 10 years in practice I came to the conclusion that more therapeutic tools were required to heal people, so I started using Prognos Electro acupuncture and vitamins/minerals/phytotherapy. I also started with faeces investigation in a certified lab to check for parasites/fungi/pathogen bacteria/bacterial flora/digestion of food. I also started to use PROGNOS measurements for food intolerance/allergies by professor Losano, heart rate variability - which gives information about the condition of the heart and imbalances of the parasympathetic and sympathetic nervous system. I also started to work with Bioresonance therapy, Neurofeedback training and diagnosing of the brain EEG. I work with a checklist of Dr. Braverman for imbalances of the neurotransmitters, which I can investigate further using urine-analysis in a Neurolab in the United States.

**K:** How long have you been using the NES system in your clinic?

**J:** I am now working with NES for one year.

### Jan Karregat

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**K:** How have your clients responded to NES in your clinic?

**J:** Almost all my clients respond very well to NES. I have seen amazing things happen in my practice since I started working with NES, they look like miracles, perhaps they are!

**K:** What made you decide to incorporate the NES system into your clinic?

**J:** Martin Mohrke, now managing NES Europe, introduced me to the NES System. I have known Martin for a long time and trust him. Martin was very enthusiastic about NES and I was confident that the NES system would be as good as he explained.

Martin did a scan on me and my daughters and I knew immediately after this that I wanted to work with NES.

**K:** What are the most common health complaints/conditions that your clients present with?

**J:** All kinds of diseases such as chronic sinusitis, stomach problems, belly problems, behaviour problems of children (very good to treat with NES), rheumatoid arthritis, urticaria, skin problems, depression, tiredness, food intolerances, panic attacks, chronic pancreatitis, retinitis pigmentosa etc...

## Practitioner Profile: Jan Karregat

**K:** On average, how many clients would you see weekly?

**J:** About 15 clients a week.

**K:** How long are your NES consultations and can you please describe the structure of a typical consultation?

**J:** My consultations take about one hour. First we discuss all the symptoms/complaints and the diagnosis of the home doctor, and we also speak about personal things like work, relations, marriage, children, father and mother relations, dreams, dreams for the future. Then we do the NES scan.

**K:** Do you mind disclosing how much you would normally charge for a consultation with the NES Professional?

**J:** I charge for a consultation 60 Euros. This will be paid by the Insurance Company.

**K:** How frequently do you like to see clients?

**J:** I see my clients once a month.

**K:** Are there any concepts about NES that your clients seem to struggle with? If so, how do you attempt to simplify these concepts to help them understand?

**J:** Yes, they have difficulties with the HBF and energy scan of it.

I simplify this by holding the hand one centimetre above the device so the client can see that the computer already recognizes the HBF, and I show

them pictures of a snow crystal flower in the book by Emoto. I explain in this way that the information in the water which forms the snow crystal is a hologram and that the HBF has several holograms in it. I explain that the NES scan/computer reads these holograms and all clients seem to understand this, except children- who just think it is magic, so I leave it this way!

**K:** I know that you get great results with clients. Can you think of any difficult cases that you have had? What did you do to help these clients make progress?

**J:** For the few clients that make no progress, I perform additional checks. They may be:

Locked in an emotional tape loop. So I try to explain what their addiction/tape loop is, in a very gentle way, and how we can make a plan to break through this.

Have severe problems with their teeth - which I can diagnose using software of PROGNOS. I will then send them to a good dentist.

There are stool problems, determined by my research in a lab. The client may sometimes need antibiotics and diet manipulation for the parasites and the fungi.

The immune system is very much burdened by food intolerances – again diet manipulation for a short period may be needed.

There is an imbalance in neurotransmitters, which on first hand can not be solved by NES, because the brain metabolism has been “damaged” by medication in the past or recent medication, or drugs. So you have to do some research on that.

## Practitioner Profile: Jan Karregat

There is an imbalance in the Central Nervous System (CNS), diagnosed by Heart Rate Variability, and it stays. So you take a good look on lifestyle, a mineral imbalance (think about the Australian Celloids), or medication. All three or more can block progress.

I make an EEG of the brain, and see what is going on there.

**K: How do you attract new clients?**

**J:** My clients mainly come from other clients and from my Yoga classes.

**K:** In addition to the training and support provided by NES, what qualities do you think are needed to make a good NES Practitioner?

**J:** A very good question with very many answers... it is a growing process. I think it takes many years of self education in courses (like NES), and most of all self reflection.

I will attempt an answer:

You need to be really honest with client and with your self

You do not do it for the money

You have to build your belief in the cosmic law: you harvesting what you sow. And you can't bring your client any further than your own belief. Therefore the Intention is very important when you take the NES scan. And when people are not working on their Intention, the old tape loops will take over, the old fears/guilt, which they are devoted or addicted to.

Research: why people become ill. A spiritual view on it which is what you will see in the NES scan, in the conversation, in the body language, etc..

Humour, hopefully there is space to laugh

Courage to say the truth (it is of course your truth!!)

Good medical education is necessary

A good intuition, which will come or be developed when your head is empty

An unconditional love for your clients. When there is not, you have to learn something about yourself. And the client will not open up for a good scan

Etc.....

**K:** What have the main benefits been to you and your clients since introducing the NES system to your clinic?

**J:** It is certainly more exciting, people are making progress, so every new visit you are curious what is the progress, on a physical and emotional and mental level.

**K:** Jan, thank you so much for your time. I wish you all the luck for the future and hope you have many more success stories to come.